

# Foundation Todos Juntos

## Annual Report 2022



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Mothers and children harvest corn in a community garden in San Juan  
Photo courtesy of 32 Volcanes

Founded in 2001, Foundation Todos Juntos (FTJ) supports community-driven health, education, social work, and environmental projects that uplift and honor the history and culture of families and individuals living in the Western Highlands of Guatemala.

Our partnership with Asociación 32 Volcanes, established in 2019, elevated the funding relationship that began with Asociación Pop Wuj in 2001. Through this collaboration, we continue to support projects which have contributed to improving the quality of life for so many in Xela and the surrounding rural communities.

### **Specific Projects Supported by Foundation Todos Juntos in 2022**

- Centro de Apoyo Familiar Todos Juntos (Family Support Center)
- 32 Volcanes Scholarship Program
- 32 Volcanes Nutrition Program
- 32 Volcanes Clinic
- 32 Volcanes Health Scholarship Program
- Various Environmental Programs

# A Message from the Board of Foundation Todos Juntos

## **Did You Know that all Foundation Todos Juntos board members have been to Guatemala?**

Yes! All Foundation Todos Juntos board members have been to Guatemala and one lives in Xela full time. We are an all-volunteer board.

After several years of limited travel due to the pandemic, five board members were able to visit 32 Volcanes and see the projects first hand in 2022. We were grateful to be able to reaffirm our commitment and see how the projects have grown and adapted. We are proud to continue supporting the work today.

Typically, board members visit the projects at least twice annually, using personal funds to do so. This allows us to stay in close contact with 32 Volcanes, assure that your donations are well spent, and keep you up to date on their remarkable accomplishments.

Earlier in 2022 Foundation Todos Juntos and 32 Volcanes held our first online joint meeting. It was a wonderful opportunity to reconnect with long-time staff, including Carmencita, Roney, and Dr. Carmen Rosa, as well as get to know newer members of the 32 Volcanes team.

Thank you for your trust and partnership. We are grateful to our partner, 32 Volcanes, for being a force for good in the face of challenging conditions and obstacles. We are grateful to you for contributing your energy and resources to the beautiful outcomes recounted in this annual report.

Yours in Dedicated Service,  
Foundation Todos Juntos Board of Directors

## Asociación 32 Volcanes



Asociación 32 Volcanes Staff and Volunteers  
Photo courtesy of 32 Volcanes

In December 2018, Carmencita de Alvarado and Roney Alvarado retired from Pop Wuj Spanish School in order to focus exclusively on social service, education, and health projects. The team, including Dr. Carmen Rosa Alvarado Benítez and others, founded Asociación 32 Volcanes, a Guatemalan non-profit association that seeks local and international community sovereignty and autonomy for environmental and social justice through cultural transformation for the regeneration and dignity of life.

The core commitment and people involved in the work did not change. Rather, 32 Volcanes brought a renewed sense of purpose to their work in Xela and the surrounding rural areas. Now staff include local professionals, many of whom were or continue to be scholarship students.

32 Volcanes was founded in January 2019, with established programs and robust principles including: food sovereignty and nutrition; health; education; bio-regeneration, adaptation to climate change, and waste management; and culture including collective memory, identity, thought, and access to art. They carry out the mission through the strengthened Scholarship Program, Family Support Center, Nutrition Program, 32 Volcanes Clinic, and several environmental projects.

In addition to programmatic funding, in 2022 Foundation Todos Juntos supported the operations of 32 Volcanes with a grant of \$26,326.87

## Centro de Apoyo Familiar Todos Juntos



A Family Support Center Birthday Celebration  
Photo courtesy of 32 Volcanes

The Centro de Apoyo Familiar Todos Juntos (Family Support Center or FSC) is located in Llano del Pinal, a Maya K'iche' community south of Quetzaltenango. The FSC serves as a childcare center and after-school program for 32 children, from toddlers to 6th grade, including children with special needs. All children come from Indigenous, low-income, rural families. School-age children also receive scholarships through the 32 Volcanes Scholarship Program.

Pre-pandemic, the children attended school in the morning and arrived at the project for a hot, nutritious lunch and an afternoon of homework and

activities, while children too young for school arrived in the morning. However, in-person, group activities were suspended in March 2020. In early 2022, 32 Volcanes staff and Family Support Center families came together to build a covered, outdoor classroom to create a safer environment for group activities. The year started with a hybrid model but returned to full-time, in-person activities during 2022. Two children graduated from primary school and from the FSC in 2022.

Work in two vegetable gardens continued, allowing for ongoing education in agroecology and the Mandala style. Annual reforestation efforts also continued. Staff and families planted native species (cypress, alder, and pine) in the deforested areas around Llano del Pinal. The FSC staff participated in training from the Mesoamerican Permaculture Institute (IMAP) and Waldorf pedagogy to support and expand their own professional development.

All the current FSC educators are themselves FSC graduates and continue their university studies as 32 Volcanes scholarship students. They provide an inspiring example for the current FSC children.

The Centro de Apoyo Familiar Todos Juntos is largely funded by the Foundation, with a total grant of \$26,596.85 in 2022. Donations made directly in Guatemala also support the Family Support Center.

## 32 Volcanes Scholarship Program



Scholarship Students from San Juan, Photo courtesy of 32 Volcanes

The 32 Volcanes Scholarship Program provides funds and support for Guatemalan families to send their children to school. In 2022, the program provided partial scholarships for 110 Guatemalan students. Education in Guatemala was primarily hybrid in 2022 due to the ongoing pandemic restrictions. Four students graduated from primary school. Three students graduated from middle school, and four students graduated from high school. We also celebrated the university graduation of two students and the graduation of another student from a post-secondary technical school. Fourteen scholarship students pursued university or other post-secondary education in 2022.

Complications caused by the pandemic continued in 2022 and some students with greater difficulties due to lack of technological resources decided to repeat their grade in 2023. Unfortunately, two scholarship students dropped out of school in 2022.

Most of the scholarship students are part of 32 Volcanes established community groups in Chiriquiac, Llano del Pinal, San Juan Ostuncalco, and Xeabaj II. Other students live in the rural community of Olindepeque and the city of Quetzaltenango.

In addition to financial support, 32 Volcanes staff and volunteers meet monthly with the families, providing parent education and helping families navigate the educational system.

The 32 Volcanes Scholarship Program is funded almost entirely by Foundation Todos Juntos, with a total grant of \$30,965.86 in 2022. Donations made on site in Guatemala also support the Scholarship Program.

## 32 Volcanes Nutrition Program

In 2022, the Nutrition Program served 171 children, aged six months to five years in the rural communities of Llano del Pinal, Buena Vista, La Victoria, and Xeabaj II.

Guatemala has the sixth-highest rate of stunting (chronic malnutrition) in the world. This condition can affect neurological development and developmental milestones, as well as an increased risk of children over five years of age becoming obese and developing chronic diseases.

Fifty-six children graduated from the Nutrition Program with a healthy weight and height in 2022. In addition, in 2021, 25% of Nutrition Program children presented with anemia. In 2022, this number decreased to just 2.64%.

In partnership with [Timmy Global Health](#), 32 Volcanes staff and volunteers provided regular education, growth monitoring, nutrition consults, medical consults for sick children, referrals for lab work and specialist care, various nutritional supplements, and food including eggs, amaranth, corn, and sesame seed atol, and Incaparina.

The Nutrition Program continued using [Chispuditos](#) (a corn and soy blend that provides micro-nutrients) as its primary supplement and expanded the community vegetable gardens. Education on food sovereignty, agroecology, lactation, and the environment, as well as individual nutritional counseling continued.

The Nutrition Program also addresses big picture issues by developing strategies that empower families and community members to make political decisions that allow resilience and response to climate change, loss of biodiversity, food insecurity, gender-based abuse, and environmental damage.

Foundation Todos Juntos supported the Nutrition Program with a grant of \$12,351.43 in 2022. Donations made directly in Guatemala and support from Timmy Global Health also funded the Nutrition Program.



A Nutrition Program participant helps carry the food and supplements

Photo courtesy of 32 Volcanes

## 32 Volcanes Clinic and Health Scholarships

32 Volcanes provides physical and mental health services via its clinic, mobile clinic, and chronic and referral patient care. These programs are funded in part by Timmy Global Health, income generated by the Clinic, and a grant from Foundation Todos Juntos.

Staffed by two local doctors, a local nurse, a psychologist, and a physical therapist, the clinic's goal is to offer quality, holistic health services to vulnerable communities and groups by providing medical attention, mental health support, nutrition follow-up, physical activities, and opportunities to develop skills in food sovereignty.



Dr. Carmen Rosa with a mother and baby  
Photo courtesy of 32 Volcanes

Prior to the pandemic, Timmy Global Health brigades visited Guatemala five times per year and served the communities of Buena Vista (Maya Mam), Xeabaj II (Maya K'iche'), Pujujil (Maya Kakchikel), and Llano del Pinal (Maya K'iche'). The brigades were suspended due to the pandemic and have not yet resumed. In their place, 32 Volcanes Clinic staff conducted small mobile clinics to the rural areas to provide medication and education.

The clinic is free to anyone who participates in other 32 Volcanes projects. Other individuals are charged a small fee of Q50 (approximately \$6.65 USD). The fee includes a medical consult with a doctor and medication as needed. 32 Volcanes continues to assist with specialist referrals, chronic patient care, and health education.

In 2022, the 32 Volcanes Clinic treated 541 unique patients who were seen at a total of 1,436 visits. Foundation Todos Juntos supported the 32 Volcanes Clinic with a grant of \$2,474.42 in 2022.

The Health Scholarship Program began in 2021 and supports children and youth with disabilities that require life-sustaining medication and/or treatment. Their healthcare costs are too high to be covered as part of the existing 32 Volcanes Clinic chronic patient/referral program. The patients are referred to the Health Scholarship Program by the 32 Volcanes Clinic and/or the Nutrition Program. Six children and youth were served by this program in 2022. Foundation Todos Juntos supported the 32 Volcanes Health Scholarship Program with a grant of \$1,303.45 in 2022.

## Environmental Projects



A harvest with the Buena Vista Nutrition Program families  
Photo courtesy of 32 Volcanes

In 2022, 32 Volcanes expanded several environmental projects, with ongoing modifications due to the pandemic. Partnerships continued with the Mesoamerican Permaculture Institute (IMAP) and Native and Creole Seeds of Guatemala (SENACRI). 32 Volcanes also continued to offer a cycle of three workshops on food sovereignty including recognition of the environment, influence of the moon and mandala style garden, and From the Garden to the Plate.

The environmental projects included family, community, and urban food gardens; reforestation; recycling; environmental education within the other 32 Volcanes projects; composting workshops, and oyster mushroom cultivation. These activities were possible thanks to the support of local university interns, local and non-Guatemalan volunteers, and mothers who participate in other 32 Volcanes projects. The goal is to strengthen the community's ability to adapt to climate variability, increase agrobiodiversity, improve soil quality, ensure access to clean water and nutritious food, and generate income through trade in regional markets.

In 2022, FTJ supported the environmental projects with a total grant of \$432.92. The majority of the expenses of these projects were supported by donations made in Guatemala and a grant from [Timmy Global Health](#).

## Foundation Todos Juntos 2022 Financial Summary

### Revenues:

Private Donations	\$98,001	100.0%
Total Revenues	\$98,001	100.0%
Beginning Fund Balance	\$71,652	
Total Available Resources	\$169,654	

### Expenditures:

32 Volcanes Scholarship Program	\$30,966	29.7%
Centro de Apoyo Familiar (Family Support Center)	\$26,597	25.5%
Asociación 32 Volcanes	\$26,327	25.3%
32 Volcanes Nutrition Program	\$12,351	11.9%
32 Volcanes Clinic	\$2,474	2.4%
32 Volcanes Health Scholarship Program	\$1,303	1.3%
32 Volcanes Environmental Projects	\$433	0.4%
<b>Total Programmatic Expenditures</b>	<b>\$100,452</b>	<b>96.4%</b>
General Administration Expenses	\$3,713	3.6%
<b>Total Expenditures</b>	<b>\$104,165</b>	<b>100.0%</b>

Ending Fund Balance <sup>1</sup>	\$65,488
<b>Total Commitments/Fund Balance</b>	<b>\$169,654</b>

<sup>1</sup>The funds available at the end of the year were largely committed to 2023 projects.

*Note: Starting in 2015 Foundation Todos Juntos financial reports have been compiled using Cash Basis Accounting for both income and expenses.*

## Definitions

### Beginning Fund Balance

Actual funds available on January 1, 2022.

### Expenditures

The actual (i.e. cash-based funding) for all quarters of 2022.

### Foundation General Administration

Foundation general administration expenses include wire transfer and PayPal fees, professional accounting services, registration with appropriate state authorities, postage, and insurance.

### Private Donations

Private donations represent the total funds donated by individuals and organizations.

**Foundation Todos Juntos extends special thanks to our generous donors.  
You make these projects possible and every penny makes a difference!**

Donations to Foundation Todos Juntos support educational, social, health, public health, and environmental projects and make tangible differences in the lives of Guatemalan communities.



Family Support Center children and staff enjoy a hike above Llano del Pinal  
Photo courtesy of 32 Volcanes

## **Foundation Todos Juntos**

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