

Foundation Todos Juntos Annual Impact Report 2023



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Since its inception in 2001, Foundation Todos Juntos (FTJ) has supported transformative community projects in and around Quetzaltenango (Xela), Guatemala. Our mission is to support community-driven health, education, social work, and environmental projects that uplift and honor the history and culture of families and individuals living in the Western Highlands of Guatemala.

We are driving impactful change throughout the Western Highlands by supporting Asociación 32 Volcanes (hereafter 32 Volcanes), a Guatemalan nonprofit based in Quetzaltenango. Their projects significantly enhance the quality of life for individuals, families, and communities, ensuring a brighter future for all.

Specific Projects Supported by Foundation Todos Juntos in 2023

- The Family Support Center
- 32 Volcanes Scholarship Program
- 32 Volcanes Nutrition Program
- 32 Volcanes Clinic
- 32 Volcanes Health Scholarship Program

A Message from the Board of Foundation Todos Juntos

Did you know that Foundation Todos Juntos celebrated its 22nd anniversary in 2023?

Yes, it's true! Foundation Todos Juntos (FTJ) was founded by former volunteers who were so inspired and impacted by projects in Guatemala that they wanted to establish a U.S. foundation to support these efforts. From building latrines and providing educational scholarships, to building safe stoves and supporting the Guardería (now the Family Support Center), FTJ has always believed in the vision and approach of the projects created by Carmencita de Alvarado and Roney Alvarado, PhD.

Founded in California in 2001, FTJ was granted 501(c)3 nonprofit status in 2002. The Foundation relocated to Pennsylvania in 2015 after several years in Oregon.

Our current board of directors consists of eight dedicated former volunteers who connected with our projects through Timmy Global Health, Pop Wuj Spanish School, or the Entremundos Internship Program in Xela. Each board member is passionate about our mission and the projects we support.

We deeply value our decades-long partnership with Carmencita and Roney of 32 Volcanes, who continue to be forces for good despite challenging circumstances and obstacles. We have witnessed vibrant generational change through long-standing programs, with former program participants becoming colleagues.

We also want to express our heartfelt gratitude to you, our supporters, for your steadfast trust and contributions that drive the positive impact we are achieving in Guatemala.

Yours in Dedicated Service,
Foundation Todos Juntos Board of Directors

Asociación 32 Volcanes



Yolanda, Veronica, Carmencita, Santos, Dr. Carmen Rosa, and Roney at 32 Volcanes
Photo courtesy of 32 Volcanes

In December 2018, Carmencita de Alvarado and Roney Alvarado retired from Pop Wuj Spanish School. Shortly thereafter they founded 32 Volcanes, a Guatemalan nonprofit association that seeks local and international community sovereignty and autonomy for environmental and social justice through cultural transformation for the regeneration and dignity of life.

Founded in 2019, 32 Volcanes centers its work on food sovereignty and nutrition, health, education, bio-regeneration, and culture. They bring their mission to life through an array of impressive initiatives including the Scholarship Program, the Family Support Center, the Nutrition Program, the Clinic, Health Scholarships, and a variety of environmental projects. Each effort is designed to create lasting positive change and strengthen the communities in multiple, integrated ways.

The 32 Volcanes team is made up of local professionals, many of whom have been, or are currently, scholarship students themselves, infusing their work with a deep personal connection and dedication to their communities and their country.

In 2023, Foundation Todos Juntos supported the operations of 32 Volcanes with a grant of \$33,380.

The Family Support Center



FSC Children at Their Annual Field Day
Photo courtesy of 32 Volcanes

The Family Support Center (FSC) is located in Llano del Pinal, a Maya K'iche' community south of Quetzaltenango. Using elements of Waldorf pedagogy, the FSC serves as a childcare center and after-school program for 33 children, from toddlers to 6th grade, including children with special needs. School-age FSC children also receive scholarships through the 32 Volcanes Scholarship Program.

The children attend school in the morning and arrive at the Family Support Center for a hot, nutritious lunch and an afternoon of homework and activities, while children too young for school arrive in the morning. In 2023, students finally returned to full-time, in-person school following three years of interrupted and inconsistent schooling.

Work in the FSC vegetable garden and reforestation efforts thrived in 2023, providing hands-on agroecology education to the children.

What is truly inspiring is that the current FSC educators are graduates of the program themselves, now continuing their university studies as 32 Volcanes scholarship students. Their dedication and achievements serve as a powerful example for the FSC children, demonstrating the real-world impact of their education.

The Family Support Center is largely funded by the Foundation, with a total grant of \$32,098 in 2023. In-kind and financial donations made directly in Guatemala also support the FSC.

32 Volcanes Scholarship Program



Scholarship Students from Xeabaj II, Photo courtesy of 32 Volcanes

The 32 Volcanes Scholarship Program is a lifeline for Guatemalan families, offering crucial funds and support to help their children access education. In 2023, the program provided partial scholarships to 110 students. These scholarships are funded by contributions from committed donors who are invested in the students' academic success. With schools finally resuming full-time in-person classes after three challenging years of pandemic disruptions, this support has never been more vital.

Most of the scholarship students are part of established community groups in Chirijquiac, Llano del Pinal, San Juan Ostuncalco, and Xeabaj II. Other students live in the rural community of Olinstepeque and the city of Quetzaltenango. Beyond offering financial assistance, 32 Volcanes staff engage with families monthly, providing valuable guidance and informal education on a variety of topics. 32 Volcanes staff help parents navigate the educational system and support families through every step.

In 2023, the Scholarship Program proudly celebrated the achievements of 20 students who graduated: eight graduated from primary school, five from middle school, four from high school, and three from university or professional programs. Each graduation is a testament to the student's hard work, the family's commitment, and the program's impact.

The 32 Volcanes Scholarship Program is funded primarily by Foundation Todos Juntos, with a total grant of \$29,656 in 2023. Donations made on site in Guatemala also support the Scholarship Program.

32 Volcanes Nutrition Program



Community Facilitator Doña Luisa Measures a Nutrition Participant in Buena Vista
Photo courtesy of 32 Volcanes

In 2023, the Nutrition Program attended to 182 children aged six months to five years in Llano del Pinal, Buena Vista, La Victoria, and Xeabaj II. Stunting affects 47% of all Guatemalan children under 5 years of age, with even higher percentages in rural, Indigenous communities. Stunting delays developmental milestones, affects neurological development, and increases the risk of obesity and chronic diseases later in life.

This year, 39 children graduated from the Nutrition Program with a healthy weight and height. Partnering with [Timmy Global Health](#), 32 Volcanes staff and volunteers provide comprehensive services, including education, growth monitoring, nutrition and medical consultations, and referrals for specialized care. They also distribute essential nutritional supplements and foods such as [Chispuditos](#), [Incaparina](#), eggs, and amaranth.

Moreover, the Nutrition Program is tackling broader issues by developing strategies that empower families and communities to make informed political decisions and respond effectively to climate change, biodiversity loss, food insecurity, and environmental damage. 32 Volcanes continues to focus on the importance of food sovereignty and community vegetable gardens. In addition, thirty families were prioritized to participate in a raised-bed family garden pilot program.

In 2023, Foundation Todos Juntos supported the Nutrition Program with a \$12,290 grant. Additional funding was provided by direct donations in Guatemala and support from [Timmy Global Health](#).

32 Volcanes Clinic

32 Volcanes is making a tangible difference in health care, offering vital physical and mental health services. The dedicated Clinic team includes two doctors, a nurse, a psychologist, and a physical therapist, working together to deliver quality holistic health care to vulnerable communities. The Clinic provides integrated medical attention, mental health support, nutrition follow-ups, physical therapy, and educational opportunities in food sovereignty.

In 2023, the 32 Volcanes Clinic treated 297 adult and child patients. The majority of these patients suffer from chronic illnesses including diabetes, hypertension, gastritis, and high cholesterol and triglycerides.



Nurse Veronica with a Patient in the Clinic
Photo courtesy of 32 Volcanes

The 32 Volcanes Clinic also continued its work in menstrual health in 2023, offering four *Luna Roja* group educational and emotional support sessions, medical consults, group physical activity, and individual physical activity plans with young women who began in the program in 2022. The Menstrual Health Program also provided the *Luna Roja* workshop to mothers in the Nutrition Program, the Family Support Center, and the Scholarship Program.

Supported by [Timmy Global Health](#), clinic revenue, and a \$1,179 grant from Foundation Todos Juntos in 2023, the Clinic's programs are a lifeline for many.

Health Scholarships

Formalized in 2021, the Health Scholarship Program provides essential support for children and youth with disabilities who need ongoing medication and treatment beyond what the 32 Volcanes Clinic's standard services offer. Often referred by the 32V Clinic or the Nutrition Program, these young individuals benefit from crucial financial aid that helps them manage their health care costs. In 2023, the Health Scholarship Program supported four children and youth with a \$1,086 grant from Foundation Todos Juntos.

Foundation Todos Juntos 2023 Financial Summary

Revenues:

Private Donations	\$119,336	99.96%
Interest Income	\$48	0.04%
Total Revenues	\$119,385	100.0%
Beginning Fund Balance	\$65,488	
Total Available Resources	\$184,873	

Expenditures:

Asociación 32 Volcanes	\$33,380	28.7%
Family Support Center	\$32,098	27.6%
32 Volcanes Scholarship Program	\$29,656	25.5%
32 Volcanes Nutrition Program	\$12,290	10.6%
32 Volcanes Clinic	\$1,779	1.5%
32 Volcanes Health Scholarship Program	\$1,086	0.9%
Total Programmatic Expenditures	\$110,290	94.8%
General Administration Expenses	\$3,990	3.4%
Fund Development Expenses	\$2,000	1.7%
Total Expenditures	\$116,280	100.0%

Ending Fund Balance ¹	\$68,593
Total Commitments and Fund Balance	\$184,873

¹The funds available at the end of 2023 were largely committed to 2024 projects.

Note: Foundation Todos Juntos financial reports are compiled using Cash Basis Accounting.

Definitions

Beginning Fund Balance

Actual funds available on January 1, 2023.

Foundation General Administration

Foundation general administration expenses include wire transfer and PayPal fees, professional accounting services, registration with appropriate state authorities, postage, and insurance.

Fund Development Expenses

Fund development includes contracted fundraising efforts.

**Foundation Todos Juntos extends special thanks to our generous donors.
You make these projects possible. Every dollar makes a difference!**

Donations to Foundation Todos Juntos support educational, social, health, public health, and environmental projects and make tangible differences in the lives of Guatemalan individuals, families, and communities.

All donations to FTJ are tax deductible to the extent allowed by U.S. law.



Family Support Center Children and Nutrition Program Children Enjoy the New Library in the Family Support Center in Llano del Pinal
Photo courtesy of 32 Volcanes

Foundation Todos Juntos

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